



Homecare Herald



THANKFUL FOR FREEDOMS

Inside this issue:

Dear Friends,
Happy Summer! I hope you are enjoying the sunshine and lately, much needed rain.

This month reminds us of freedom. There is so much turmoil in our world today. I am thankful for the brave heroes who continue to give us the freedoms we enjoy each and every day.

Freedom means so many things to people. For teenagers it means a driver's license, later curfews, making deci-

sions about employment, etc. For others it means choices about possessions. Which house to buy, which car to drive, what outfit to wear. Still, in older, perhaps more wiser years, freedom means the right to choose things in life that affect our future. Investments for retirement, an easier household to care for, a faith that will get us through the tough decisions we sometimes face. The freedom of faith is the greatest gift we receive. God asks us to believe in him freely. It doesn't cost

us a thing, except eternity. An eternal life in paradise with a Lord who loves us no matter what our choices are on earth. Even better, he forgives us for poor choices if we only ask!

May this month remind you of wonderful freedoms God has given you and those you love. Perhaps you could say a special prayer for safety for those serving our country.

Until next month,
Linda

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HAVE A HAPPY AND SAFE FOURTH OF JULY!

GODLY ONE-LINERS

When praying, don't give God Instructions — just report for duty.

Plan ahead — it wasn't raining when Noah built the ark.

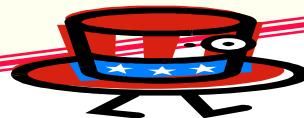
Exercise daily — walk with the Lord.

Nothing else ruins the truth like stretching it.

Compassion is difficult to give away because it keeps coming back.

Never give the devil a ride — he will always want to drive.

Give God what's right — not what's left.



QUESTIONS OF THE MONTH

May's question was — What is your favorite color?

**Margaret said her favorite color was "peach". She loves peach because it is beautiful and it goes with the other colors in her home.

June's question was — What is your favorite St. Louis historical memory?

Loretta remembers when the announcement was made that Charles A. Lindbergh successfully landed his plane, the Spirit of St. Louis, in Europe after crossing the Atlantic Ocean. Loretta was taking dance lessons when she heard the news and was around 11 years old.

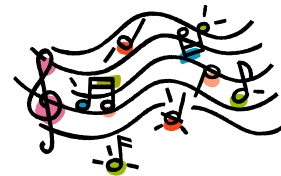


Linda's favorite St. Louis historical memory is watching the Rams win the Superbowl and then the Cardinals win the World Series!



NEXT MONTH'S QUESTION...

"WHAT IS YOUR FAVORITE SONG AND WHY?"



AMERICANS IN STRENGTH

Americans in strength unite this union born in Freedom's light.
United States, how sure we are we'll pull together, near and far.
The world can see of what we're made.
Each state is one of the highest grade.
Determination, filled with pride; our people's will won't be denied.
Our founding fathers set to stay the road we've traveled to this day.
A quest for right cannot be wrong with help from God, we will stay strong.
Support our troops ranks number one; for the job they do is never done.
When forced they put it on the line; true patriots, when called they shine.
Let's raise Old Glory with a cheer and thank all soldiers, past and here.



Why?



Why do banks charge a fee on "insufficient funds" when they know there is not enough money?

Why does someone believe you when you say there are four billion stars, but check when you say the paint is wet?

Whose idea was it to put an "S" in the word "lisp"?



Why is it that no matter what color bubble bath you use the bubbles are always white?

Why do people constantly return to the refrigerator with hopes that something new to eat will have materialized?



Why is it that no plastic bag will open from the end on your first try?



How do those dead bugs get into those enclosed light fixtures?

Why is it that whenever you attempt to catch something that's falling off the table you always manage to knock something else over?

In winter why do we try to keep the house as warm as it was in summer when we complained about the heat?



How come you never hear father-in-law jokes?

"The hardest thing to learn in life is which bridges to cross and which to burn." -unknown



"Some people want it to happen, some wish it would happen, others make it happen."

-Michael Jordan

"People will accept your ideas much more readily if you tell them Benjamin Franklin said it first."

-David H. Comins

No one cares how much you know unless they know how much you care.



ST. LOUIS HISTORY —

Did you know . . . ?

Before European explorers traveled down the great river, the rich land that would become St. Louis was home to the Mississippians, a mighty Native American civilization of mound builders. At its height, more than 20,000 people lived in the fertile river valley. When that culture mysteriously disappeared during Europe's Middle Ages, only its huge earthen structures were left, earning St. Louis one of its earliest nicknames, "Mound

City." Today, visitors explore that lost civilization — called The City of the Sun at Cahokia Mounds State Historic Site, a United Nations World Heritage Site.

Founded by French fur traders in 1764, St. Louis was a strategically important spot near the confluence of the Mississippi and Missouri rivers. The founders named the city for Louis IX, the Crusader King of France. Control of this "Louisiana Territory" transferred to the Spanish, then back to France. Napoleon sold the Louisiana Territory to President Thomas Jefferson in 1803 without taking possession. Overnight the size of the United States doubled.



A prayer for aging with dignity

I don't want to grow old God. I don't want any part of it. But since I have no power to stop the clock, my prayer is this : Let me age with Grace.

Show me the way, God. Be with me. Grant health to my body and clarity to my mind. Give me strength. Help me to overcome my vanity. Teach me to combat self pity. Don't allow me to become set in my ways. Shield me from isolation and from loneliness.

May the love of my family and friends be my reward for all the struggles of my youth.

Let all the blessings of age emanate from me. Let wisdom flow from my mouth, let compassion flow from my heart, let acts of kindness flow from my arms, let faith flow from my soul, let joy shine forth from my eyes. Amen.

Author unknown



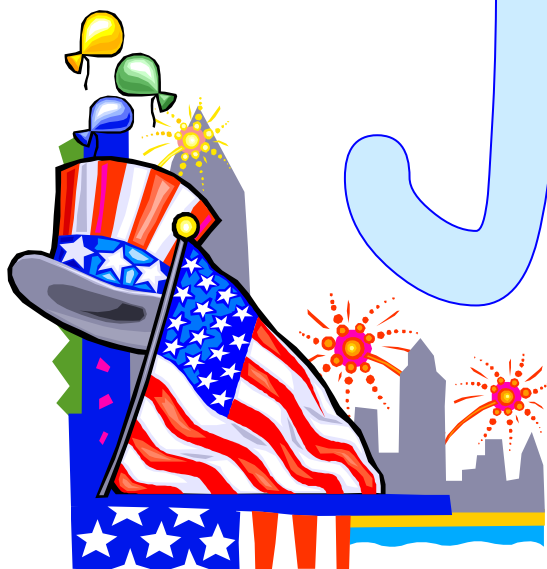
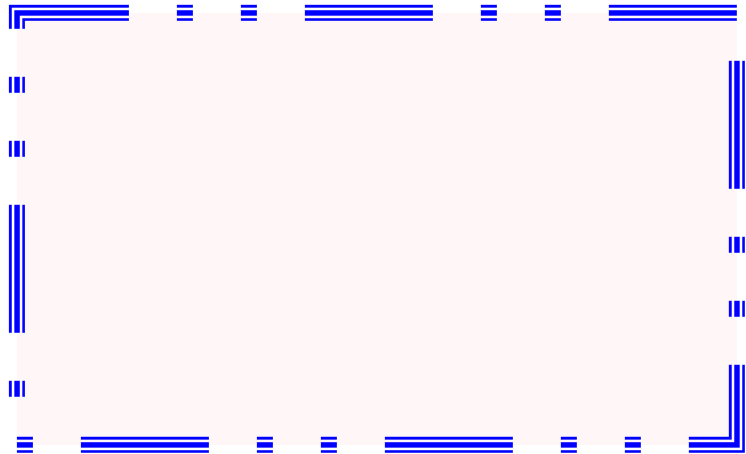
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**"Dedicated to services that
maintain independence,
wrapped in God's Love"**

There is no better
exercise for the
heart than reach-
ing down
and lifting
someone
up..



J July